

New from your EAP

Introducing **Certified Financial Coaching**

If you need help with budgeting, debt, money management issues or savings, your EAP can help. You and your family members have unlimited access to Certified Financial Coaches, as well as more than 100 new Personal Finance and Investing courses! Our Coaches can also help you address any related stress that so often accompanies financial problems.



Start today with a simple, confidential phone call or login to your EAP.



TotalCare EAP
Public Safety EAP
Educators' EAP
Higher Ed EAP
HealthCare EAP
Union AP
TotalCare Wellness

800.252.4555
800-225-2527
www.theEAP.com

The 3 components of your new **Financial Coaching Benefit:**

Certified Financial Coaches

- Financial assessments
- Goal setting structure and support
- Determining strategies for problem resolution
- Establishing focus on financial wellbeing
- Recommending services, tools, and resources

Financial Assessments

- Calculate net worth
- Analyze budgets
- Verify debt to income ratios and credit scores
- Profile habits and obstacles to success
- Assess family dynamics around money

Financial Education

- Taking control of finances
- Changing habits and attitudes about money
- Understanding and dealing with debt
- Understanding consumer credit
- Saving for the future

How to access website resources

1. Log on to www.theEAP.com
2. Click on **Employee & Family Login**
3. If you have already created a Username and Password, simply enter that info in the appropriate boxes. If you have not registered, complete steps 4-7.
4. Click on **REGISTER HERE**
5. Enter your Employer's name and click Continue.
6. Your employer's name will appear; select the button and click Continue.
7. Fill out the Registration Form and create your Username and Password, then click Continue.
You only need to register once.
8. Click on **Personal Finance Education Center** and explore!